

# SQUAD 1

## SEPTEMBER 2019

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M
A	4	4	4	4			8	8	8	8			8	8	8	8	8			4	4	4	4			4	4	4	4	4
B	4	4			8	8	8	8			8	8	8	8	8			4	4	4	4			4	4	4	4	4	4	4
C			8	8	8	8			8	8	8	8	8			4	4	4	4			4	4	4	4			8	8	
			/		SVP#18	/		SVP#19	/		SVP#20	/		SVP#21	/															

## OCTOBER 2019

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T
A			8	8	8	8			8	8	8	8			4	4	4	4			4	4	4	4			8	8	8	8	
B	8	8	8	8			8	8	8	8			4	4	4	4			4	4	4	4			8	8	8	8			
C	8	8			8	8	8	8	8			4	4	4	4			4	4	4	4			8	8	8	8				8

## NOVEMBER 2019

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
A	8			8	8	8	8			4	4	4	4			4	4	4	4			8	8	8	8			8			
B	8	8	8	8	8			4	4	4	4			4	4	4	4			8	8	8	8			8	8	8	8		
C	8	8	8	8			4	4	4	4			4	4	4	4			8	8	8	8			8	8	8	8			8

## DECEMBER 2019

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	
A	8	8	8	8			4	4	4	4			4	4	4	4			8	8	8	8			8	8	8	8				
B	8	8			4	4	4	4			4	4	4	4			8	8	8	8			8	8	8	8			4			
C			4	4	4	4			4	4	4	4			8	8	8	8			8	8	8	8			4	4	4			

## ONE SQUAD - JANUARY 2019

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			
	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T			
A			4	4	4	4			4	4	4	4			8	8	8	8			8	8	8	8			8	8	8	8	4	4	4	
B	4	4	4	4			4	4	4	4			8	8	8	8			8	8	8	8			8	8	8	8			4	4	4	4
C	4	4			4	4	4	4			8	8	8	8			8	8	8	8			8	8	8	8			4	4	4	4	4	

## FEBRUARY 2019

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28				
	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T				
A	4			4	4	4	4			8	8	8	8			8	8	8	8			8	8	8	8			4	4	4	4	
B	4	4	4	4	4			8	8	8	8			8	8	8	8			4	4	4	4			4	4	4	4	4	4	
C	4	4	4	4			8	8	8	8			8	8	8	8			4	4	4	4			4	4	4	4	4	4	4	4

## MARCH 2019

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
A	4	4	4	4	4			8	8	8	8			8	8	8	8			4	4	4	4			4	4	4	4	4	4	4
B	4	4	4	4			8	8	8	8			8	8	8	8			4	4	4	4			4	4	4	4	4	4	4	4
C	4	4			8	8	8	8			8	8	8	8			4	4	4	4			4	4	4	4			8			8

## APRIL 2019

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	
A	4			8	8	8	8			8	8	8	8			4	4	4	4			4	4	4	4			4	4	4	4
B	8	8	8	8			8	8	8	8			4	4	4	4			4	4	4	4			4	4	4	4	4	4	4
C	8	8	8	8			8	8	8	8			4	4	4	4			4	4	4	4			8	8	8	8			8

## MAY 2019

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	
A	8	8	8	8			8	8	8	8			4	4	4	4			4	4	4	4			8	8	8	8				8
B	8			8	8	8	8			4	4	4			4	4	4	4			4	4	4	4			8	8	8	8		
C	8	8	8	8			4	4	4	4			4	4	4	4			8	8	8	8			8	8	8	8				8
			/		SVP#A	/		SVP#B	/		SVP#1	/		SVP#2	/																	

## JUNE 2019

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		
	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S		
A	8	8	8	8	8			4	4	4	4			4	4	4	4			8	8	8	8			8	8	8	8			
B	8	8			4	4	4	4			4	4	4	4			8	8	8	8			8	8	8	8			8			
C	8				4	4	4	4			4	4	4	4			8	8	8	8			8	8	8	8			4			
			/		SVP#3	/		SVP#4	/		SVP#5	/		SVP#6	/																	

## JULY 2019

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			
	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W			
A	8			4	4	4	4			4	4	4	4			8	8	8	8			8	8	8	8			8	8	8	8	4	4	4
B	4	4	4	4			4	4	4	4			8	8	8	8			8	8	8	8			8	8	8	8			4	4	4	4
C	4	4			4	4	4	4			8	8	8	8			8	8	8	8			8	8	8	8			4	4	4	4	4	
			/		SVP#8	/		SVP#9	/		SVP#10	/		SVP#11	/																			

## AUGUST 2019

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
A	4	4			4	4	4	4			8	8	8	8			8	8	8	8			8	8	8	8			4	4	4	4	4
B	4	4			4	4	4	4			8	8	8	8			8	8	8	8			4	4	4	4			4	4	4	4	